

NBH Indoor 3D League Range Safety Standard Operating Procedure (SOP)

NBH Archery Range Motto: Safety First

Rules and Regulations

Before shooting

- An NBH approved range officer must be present during all indoor 3D League events.
- Know and obey all range commands that are included in this document.
- Always walk in the archery range (no running).
- Always carry arrows with points down or in a quiver and never pointed toward people.
- For safety, secure all loose clothing, tie back long hair, and remove any of these items: bracelets, necklaces, loose boot strings, headphones (ear buds), facial piercing jewelry especially lip, nose, or eyebrow.
- Wear only closed toe shoes.
- Store bow cases in bow racks, tables, or other designated areas to avoid tripping.
- There are 8 designated stations. Quite often there will be multiple lines shooting rotation. Line and starting station assignments will be announced by league officials prior to commencement of shooting.

While shooting

CEASE FIRE: Anyone witnessing an unsafe action or condition shall call CEASE FIRE immediately.

If cease fire is called immediately stop firing; let down, unknock arrows and place them in your quiver; step back from the line. The range officer will investigate and/or take corrective action.

Firing will not recommence until any safety issue is fully resolved.

- Only archers whose line will be shooting are permitted in the shooting area. All others shall wait in the front room. The “waiting line” is designated as the doorway into the shooting area.
- Keep arrows in a quiver until you are directed to shoot. Do not knock an arrow until directed to begin firing; keep all knocked arrows pointed down range.
- Only commence firing when shooters are on the shooting line, everyone else is behind the waiting line, and **after the range officer directs to begin shooting.**
- Shoot only the targets designated for your station; two targets, two arrows per target.
- Station rotation is to the right on each consecutive line call. If you shot from station 1 initially you will shoot from station 2 the next time your line is called.
- Use only target or field points.
- When drawing the bow, always keep arrow pointed down range at the target.
- If an arrow drops past the shooting line, leave it on the floor until the range safety officer directs you to retrieve the arrow.
- Only retrieve arrows after “range clear” is called by the range officer.
- If you cannot reach an arrow then ask for assistance; jumping or climbing on targets is not permitted.
- Treat all archery equipment with respect. Using damaged equipment can injure you and people around you.
- Treat your fellow archers with respect.

- Please keep talking to a soft level while archers are on line. Set cell phones on vibrate mode or turned off. **Everyone must be able to hear the range safety officers.**

Range Procedures

Remain behind the waiting line until your line is called.

While waiting on the shooting line:

- Place your bow tip on your shoe to protect the tip and/or cam.
- Keep arrows in your quiver until you hear commence firing announced.

After shooting all your arrows:

- Step back from the shooting line.
- Due to limited space behind shooters at the line, please do not attempt to walk behind the line. Wait quietly at your station behind the shooting line until the next line is called or directed to score and retrieve arrows.
- It is usual for two lines to score and retrieve arrows together. One archer will announce the score and then pull arrows; the other archer will record scores on the sheet provided.

After shooting ceases for the evening

- Assist in take down and storage of targets and cleaning of the range: do not block exit doors with targets/props. Please make sure all lanes are clear of target interference.
- Collect all your equipment when leaving the range; NBH is not responsible for any equipment left at the range.
- The only animals allowed in the range during public shooting times are service animals. Please pick up anything left behind.

Important Terms to Know

Anchor: consistent placement of the drawing hand to a position on the face, mouth, or jaw.

Draw: to pull the bow string back. Dry Fire: shooting the bow without a nocked arrow.

End: a set number of arrows that are shot before going to the target to score and retrieve them.

Follow Through: maintaining the motion of the upper body muscles after releasing the string.

Let Down: returning from full draw to the un-drawn position with control and not releasing the string.

Range Safety Officer: person who is responsible for managing shooting on the archery range. This person must be approved by NBH board.

Shooting Line: a line parallel to target faces which archers stand behind while shooting arrows at their designated 3D targets.

Waiting Line: is designated as the doorway into the shooting area. All archers in lines not currently shooting shall wait in the front room area of the club house.